

Judy is reading an article in the school magazine. Read it carefully and use the information to complete her diary entry. (14 marks @ 2 marks)

Friday, 21st August 20XX

Protect Ourselves Against the Flu

By Kelly Chan (P.4E)

Our Principal, Mr Chan, reminded us to protect ourselves against the flu yesterday as many students were sick in the past few weeks.

There were altogether a dozen of students in Class 5D having a flu last week. Some of them had a fever and a runny nose. Most of them felt tired. They visited the doctor's and have now **recovered**.

The school has suggested some ways to **prevent** the flu. We should always bring a jacket with us to keep ourselves warm. We should also have a packet of tissues with us every day. We should cover our nose and mouth when we **sneeze** or **cough**. When we feel sick, we should see a doctor as soon as possible. Remember not to go to school when we are sick. It is important that we eat more fruit and vegetables in order to build up a stronger body. Doing sports can help too.

Listening

Reading

Writing



Fill in each blank with only ONE word. Make sure your answers are grammatically correct.

21st August 20XX

Windy

I read an article in the school **e.g.** magazine today.

The school 1. _____ asked us to protect ourselves against the flu. In the past week, there were altogether 2. _____ P.5D students getting sick. They had a 3. _____ and a runny nose. Luckily, they all got better after seeing a 4. _____. I am glad that they are fine now.

The school gave us some suggestions on how to prevent the flu. We can bring a 5. _____ with us in the windy and cold weather. We should always 6. _____ our nose and mouth when we cough or sneeze. Besides, we should eat more fruit and vegetables to build up a 7. _____ body. I don't want to get sick, so I will start running every day to stay healthy.

