



• **Announcement**  
• **Application Form**

A. Miss Lee is making an announcement about some yoga classes and the swimming classes. Listen carefully and answer Questions 1-5. (10 marks @ 2 marks)



Listen Here

1. Who can join the yoga classes?

- A. Teachers who are yoga beginners
- B. Students who are yoga beginners
- C. Teachers who are yoga experts
- D. Students who are yoga experts

2. What is yoga good for?

- A. Bones
- B. Keeping you calm and relaxed
- C. Joints
- D. All of the above

3. What must students bring to the yoga classes?

- A. A yoga mat
- B. A pair of socks
- C. Some CDs
- D. A bottle of water

4. How often will students of the swimming classes meet?

- A. Once a week
- B. Twice a week
- C. Three times a week
- D. Once a month

5. Why is the swimming training cancelled?

- A. There are not enough swimmers.
- B. The water is dirty.
- C. The swimming coach is sick.
- D. The weather is bad.

Listening

Reading

Writing



**B. Scott has decided to join some yoga classes. He is talking to the clerk of a fitness centre. Listen carefully and help the clerk complete the form. (12 marks @ 2 marks)**



Listen Here



Reading

Writing

## Wellness Fitness Centre

### Yoga Classes Application Form

Name: \_\_\_\_\_

Age: 12

Date of Birth: \_\_\_\_\_ / \_\_\_\_\_

Contact No.: \_\_\_\_\_

Address:

Flat E, 25/F, Block 6, Sky Building, Jordan, Kowloon

\* Preferred Day(s):

Mon

Tue

Wed

Thu

Fri

Sat

Sun

Preferred Time: \_\_\_\_\_ am / pm — \_\_\_\_\_ am / pm

(Please circle 'am' or 'pm')

Total Fee: \$ \_\_\_\_\_

\* Put a '✓' in the appropriate . You may put a '✓' in more than one .