

HONG KONG ATTAINMENT TEST

Pre-Secondary 1

English

Mock Paper 5

Instructions:

- ◇ There are eight pages (including this cover page) in this question booklet.
- ◇ The test has Sections A to C.
- ◇ On the cover of the answer booklet, write your Name, Class and Class Number.
- ◇ Write all your answers in the answer booklet.
- ◇ For multiple choice questions, choose only ONE answer for each question. Write your answers (**A, B, C or D**) in the boxes in the answer booklet. Two or more answers will score **NO MARKS**.

Time Allowed for the Test:

Section A (Listening) : 15 minutes

Sections B–C (Reading and Writing) : 35 minutes



Section A Listening (32 marks)

There are three parts in this section. In Part 1, you will hear an opening speech. In Part 2 and Part 3, you will hear a conversation. **Write all your answers in the answer booklet.** For each part, you will have 30 seconds to study the questions in the answer booklet. The recordings will be played ONCE only.

Section B Reading (38 marks)

Part 1 (12 marks)

Jonas is reading an article about some classic party games. Read it carefully. Choose the best answers for Questions 17–21 and complete Question 22.

Four Classic Party Games for All Ages

Hosting a party and in need of some awesome games? Here are four classic party games that are super fun and easy to play. Get ready for a blast of laughter and create amazing memories with these timeless favourites!

Musical Chairs

Musical Chairs is a timeless game that always brings joy. Set up chairs in a circle, with one fewer chair than the number of players. When the music is played, walk or dance around the chairs. When the music stops, find a seat. But watch out, there's always **one** fewer! Remove a chair each round until only one winner remains. It's a game of speed, quick thinking and it guarantees lots of laughter!

Pin the Tail on the Donkey

This is a truly classic game that's super exciting! Hang a big picture of a donkey on the wall. Blindfold each player, spin them around and give them a tail with tape. Players take turns to attach the tail closest to the donkey's backside while blindfolded. It's hilarious to see where the tails end up! You'll remember where you and your friends put the tail (maybe next to the donkey's mouth even!) long after the party is over.

Duck, Duck, Goose

This game is usually played outdoors. Sit in a circle, and one person becomes the 'goose'. He or she walks around the circle, tap each player's head, and say 'duck'. When the 'goose' wants to, he or she taps a player and yell 'goose'! The 'goose' runs around the circle, and the person who is tapped stands up and chases the 'goose'. If the 'goose' sits down in the empty seat before the chaser, the chaser now becomes the 'goose'. It's a game of speed and excitement.

Charades

Charades is a hilarious game of acting and guessing. Write down various actions, films, books, or objects on small pieces of paper. Divide players into two teams. One player silently acts out what's written on the paper while the two teams guess. Talking is prohibited! The team that makes a correct guess earns a point. It's a game of creativity, communication and side-splitting laughter as players try to interpret the charades.

Part 1

17. In 'Musical Chairs', what does 'one' refer to?
- A. a song
B. a player
C. a chair
D. a circle
18. Arrange the following pictures in the right order to show how to play 'Pin the Tail on the Donkey'.

1.



2.



3.



4.



- A. 4→2→3→1
B. 2→1→4→3
C. 1→3→2→4
D. 3→1→2→4
19. What is **TRUE** about the game 'Duck, Duck, Goose'?
- A. Everyone walks in a circle around the goose.
B. There is only one goose per turn.
C. The goose becomes the chaser when he or she yells 'goose'.
D. This game can only be played outdoors.
20. A team gets a point in Charades when _____.
- A. the team makes an accurate guess
B. the team acts out accurately
C. the team performs creatively
D. the team gets people laughing with their actions
21. Which is **NOT** allowed in Charades?
- A. paper
B. creativity
C. talking
D. guessing
22. Match the following descriptions with the correct game. Read the information on P.2 and write A, B, C or D in the boxes in the answer booklet.
- (i) Run if you don't want to turn into an animal!
(ii) When it's silent, you'd better sit down!
(iii) What is this? Can't you just talk already?
(iv) Get dizzy, then stick it on the wall!
- A. Musical Chairs
B. Pin the Tail on the Donkey
C. Duck, Duck, Goose
D. Charades

Part 2

(12 marks)

Jonas is reading an article about the importance of relaxing. Read it carefully. Choose the best answers for Questions 23–27 and complete Question 28.

Why Relaxing Is Vital

In the fast-paced lifestyle of a city like Hong Kong, it is very difficult to find time to relax. However, taking moments to do **that** is important to our overall well-being. Here are four reasons why taking a break in our busy lives benefits us.

(i)

When we constantly push ourselves without taking breaks, stress can accumulate and **take a toll on** our bodies. Relaxation provides a much-needed break from the daily pressures, allowing our bodies and minds to rejuvenate. Whether it's through meditation, deep breathing exercises or simply enjoying a quiet moment, relaxation helps to reduce stress levels and promotes a sense of calm.

(ii)

Interestingly, stepping away from work and taking time to relax can actually improve productivity. By giving ourselves permission to pause, it allows our minds to rest and recharge. As a result, when we come back to work, we will be more focused, creative, and better at problem-solving. That's why it is helpful to include rest in our work schedule.

(iii)

Too much stress can harm our physical health, including increased risks of heart disease, high blood pressure, and reduced liver function. However, engaging in regular exercise, practising yoga, and spending time in nature can help combat these negative effects. Relaxation supports a healthier lifestyle by reducing the risk of burnout and promoting a balanced approach to self-care.

(iv)

Under a busy schedule, our minds can become so overloaded with quick and flashy things that they cannot get the calmness they need. Relaxation allows us to step back, detach from the excitement and create inner peace. Regular relaxation practices can help improve mood and build a positive mindset.

Sure, it can be challenging to take a break in a busy city, but once you make it a habit, you will find nothing but benefits!

Part 2

23. In paragraph 1, what does '**that**' refer to?
- A. the city
B. relaxation
C. well-being
D. the lifestyle
24. In paragraph 2, what does '**take a toll on**' mean?
- A. pay for someone's tickets
B. be unhappy about
C. damage
D. benefit
25. In paragraph 2, meditation, deep breathing exercises and enjoying a quiet moment are all examples of _____.
- A. kinds of stress
B. ways to relax
C. how stress accumulates
D. how to push yourself
26. According to the article, which of the following is **TRUE** about your body when you are affected by too much stress?
- A. Your heart beats faster.
B. You want to do more exercise.
C. Your lifestyle becomes less healthy.
D. Your liver does not work as well.
27. Which of the following is **NOT** a reason why our brains need a break?
- A. We become less moody while relaxing.
B. We become more excited about things.
C. Our minds can find peace.
D. We think more positively.
28. Match the following headings with paragraphs (i) to (iv) on P.4. Write A, B, C or D in the boxes in the answer booklet.
- Headings
- A. Cultivating peace through relaxation
B. Combating stress with relaxation
C. Strengthening health with relaxation
D. Elevating efficiency through rest

Part 3

(14 marks)

Jonas has written a blog entry about a choir concert he watched. Read it carefully. Choose the best answers for Questions 29–34 and complete Question 35.

A Magical Choir Night

Posted by Jonas on 2 March at 18:30

Last night, I went to see an incredible choir concert that surprised me a lot. Choir performances aren't usually something that **floats my boat**, but my friend Emma had an extra ticket, so I decided to give it a try.

When I walked into the fancy auditorium, everyone was excited. The stage looked amazing with a beautiful picture of the sunset behind it, creating a calm atmosphere. Suddenly, the lights dimmed, and everyone became quiet, waiting eagerly for **it** to start. It seemed like most of the people had arrived at least 15 minutes before.

A little after 7:30 pm, the conductor entered the stage gracefully and got everyone's attention. The choir members, all dressed elegantly, stood in their allocated places. The first notes started, and it felt as if I had been **transported to another world**. The singing was so peaceful that it made me forget all my worries.

Throughout the performance, the choir members looked like they were enjoying themselves. Their smiles made the concert even more enjoyable because you could see how much they loved singing together. One part that I'll never forget is when the choir sang without any music. They used only their voices, and it was so impressive. How could they control their speed and notes so well? It was like they were telling a lovely story with their singing, and their performance gave me goosebumps.

The concert ended with a grand climax as the conductor jumped off the stage! That made everyone go wild. Everyone clapped and stood up to express the joy. It was a great way to end the concert.

When I left the hall, I felt really lucky to have watched such an awesome choir concert and I couldn't wait to share with Emma how powerful music can be, and how it can bring so much happiness to people. Have you ever been to a concert that left you amazed? I want to hear about it! Share your thoughts and stories in the comments below!

Part 3

29. In paragraph 1, when something '**floats my boat**', that means someone is _____.

- A. excited about travelling
- B. interested in something
- C. happy to learn things
- D. complaining

30. In paragraph 2, '**it**' refers to _____.

- A. the people
- B. the stage
- C. the sunset
- D. the concert

31. What is a possible time the concert started?

- A. 7:15 pm
- B. 7:20 pm
- C. 7:30 pm
- D. 7:35 pm

32. Jonas felt that he was '**transported to another world**' because _____.

- A. it was so noisy that he could not focus
- B. it made him forget about what was troubling him
- C. he started to become very worried
- D. the choir members were all dressed elegantly

33. How did Jonas feel when the choir sang without music?

- A. excited
- B. indifferent
- C. worried
- D. uninterested

34. Based on the ideas in the article, put the following pictures in the correct order.

1.



2.



3.



4.



- A. 3→1→2→4
- B. 3→1→4→2
- C. 1→3→4→2
- D. 1→4→2→3

35. Jonas is writing a text message to his friend, Irene. Read the blog entry on P.6 and help Jonas complete the sentences. Use only **ONE** word for each blank. Make sure your answers are grammatically correct.

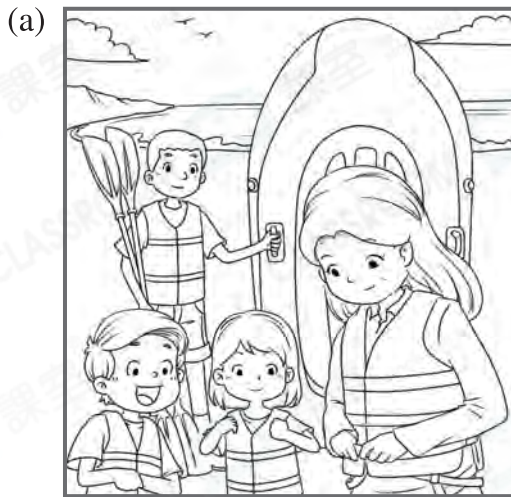
Irene! You wouldn't believe what happened just now at the choir concert. Towards the end when the conductor was (i) from the stage to the audience's seats, everyone just went (ii) ! It was spectacular!

Section C Writing

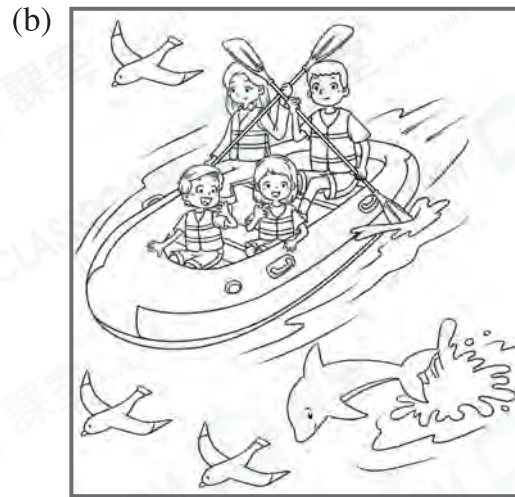
(30 marks)

36. You are Jonas. You went kayaking with your family last Saturday. Based on the pictures below, write a blog entry about what happened. Write at least 80 words.

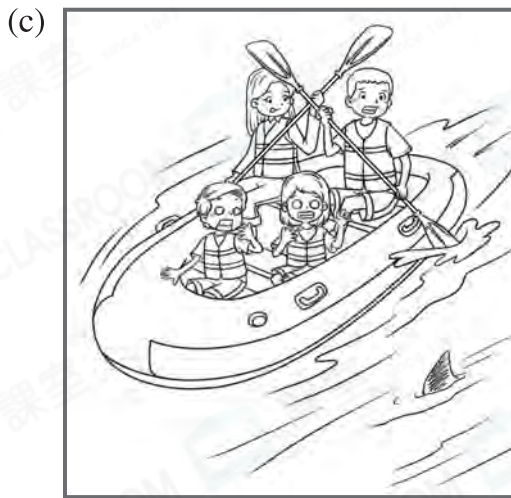
- You may use the words under the pictures to help you.



weather / life vest / paddle



seagull / dolphin / thrilled



unexpected / fin / terrified

