

HONG KONG ATTAINMENT TEST

Pre-Secondary 1

English

Mock Paper 5

Instructions:

- ◇ There are eight pages (including this cover page) in this question booklet.
- ◇ The test has Sections A to C.
- ◇ On the cover of the answer booklet, write your Name, Class and Class Number.
- ◇ Write all your answers in the answer booklet.
- ◇ For multiple choice questions, choose only ONE answer for each question. Write your answers (**A, B, C or D**) in the boxes in the answer booklet. Two or more answers will score **NO MARKS**.

Time Allowed for the Test:

Section A (Listening) : 15 minutes

Sections B–C (Reading and Writing) : 35 minutes



Section A Listening

(32 marks)

There are three parts in this section. In Part 1, you will hear an announcement. In Part 2 and Part 3, you will hear a conversation. **Write all your answers in the answer booklet.** For each part, you will have 30 seconds to study the questions in the answer booklet. The recordings will be played ONCE only.

Section B Reading

(38 marks)

Part 1

(12 marks)

Owen is reading an article about some wonderful life hacks. Read it carefully. Choose the best answers for Questions 17–21 and complete Question 22.

4 Handy Tips to Polish Up Your Daily Life!

No rare materials. No complex steps. These life tips will make your life better!

Quick Refresher

Do you fancy having a sip of cool drink in a hot summer? Here are two cool tips. First, put the canned drinks in the kitchen sink. Then, before pouring the ice and cold water into the sink, don't forget to cover the hole with the stopper. With the drinks surrounded by ice-cold water, they will be chilled in no time. Likewise, adding frozen fruit such as grapes to your drink also works miraculously.

Toilet Stain Remover

No one likes filthy toilet bowls, do you? Let's try vinegar and baking soda. Pour a small bottle of vinegar into the toilet bowl. Swish and swoosh with your toilet brush. A minute later, add 1 cup of baking soda and then 1 cup of vinegar. Wait for 10 minutes. Brush the toilet bowl gently with the solution and leave it for 30 minutes. Before you flush the toilet, give it a last scrub.

Wrinkle-free Clothes Helper

You don't want to risk burning your dress while ironing it in a hurry, right? To make your laundry wrinkle-free, throw some ice cubes in your dryer with the wrinkled items. While the dryer runs, the ice will melt and generate steam to remove wrinkles. A wet towel works too. Just a friendly reminder—some fabrics can't withstand high heat. Remove them, or they'll shrink. Besides, lighter fabrics work better.

Small Lost Item Tracker

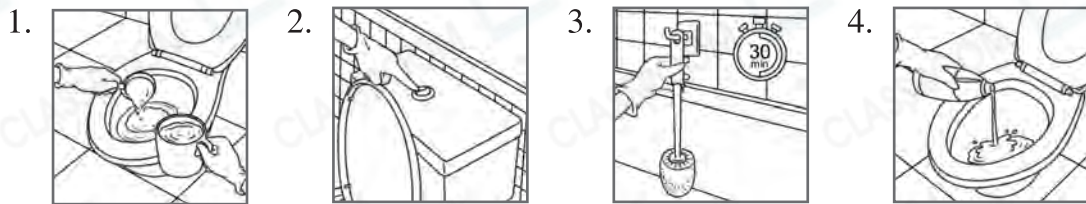
Have you ever lost a small item like a part of your model car and felt hopeless about finding it? A vacuum can help you. Let's work smarter! First, get the foot of a pair of tights. Then, put it over the end of the vacuum hose. Next, secure it with a rubber band or hold it tight. Now turn the vacuum on and search the area where you may have lost the item. The tights will trap the lost item and the dirt will be sifted through it.

Part 1

17. What is important for you to do in order to cool drinks quickly?

- A. cover the kitchen sink hole
- B. put the canned drinks in the freezer
- C. leave time for the drinks to chill
- D. add frozen fruit to the sink hole

18. According to the article, how to use vinegar and baking soda to remove toilet stains?



- A. 1→4→3→2
- B. 4→2→1→3
- C. 4→1→3→2
- D. 1→4→2→3

19. What is **TRUE** about the wrinkle-free clothes helper?

- A. It does not work that well with heavier clothing.
- B. It requires the use of special detergents to be effective.
- C. It can be used with clothes made of any kind of material.
- D. It does not generate heat while fixing the wrinkled items.

20. In 'Small Lost Item Tracker', what does '**it**' refer to?

- A. the vacuum
- B. the lost item
- C. the lost part of the model car
- D. the foot of the pair of tights

21. Which is **NOT** used for finding the lost item?

- A. a pair of tights
- B. a rubber band
- C. a vacuum cleaner
- D. a towel

22. Match the following people with the correct life hacks they need. Read the information on P.2 and write A, B, C or D in the boxes in the answer booklet.

- (i) Daisy wants to get rid of the stains from her bathroom.
- (ii) Katie wants to recover her earring dropped on the carpeted floor.
- (iii) Owen wants to make his glass of lemon soda cold in no time at all.
- (iv) Kelly needs to wear an evening gown to a very formal gala but it's crumpled.

- A. Quick Refresher
- B. Toilet Stain Remover
- C. Wrinkle-Free Clothes Helper
- D. Small Lost Item Tracker

Owen is reading an article about the benefits of physical activity. Read it carefully. Choose the best answers for Questions 23–27 and complete Question 28.

The Benefits of Physical Activity

Modern humans have become more physically active nowadays since they are getting more health-conscious. As the saying goes, ‘The earlier we start, the earlier we attain good health.’ This article will examine the ways physical activity benefits both physical and mental health.

(i)

Engaging in physical activity brings substantial benefits to your physical health. First, it strengthens your muscles and bones. This daily training also reduces the risk of falls as we age. Second, **it** helps maintain a healthy body weight, preventing issues related to being overweight and obese.

(ii)

Regular physical activity, including regular aerobic exercise, reduces the chances of developing chronic illnesses such as heart disease, Type 2 diabetes and cancers. High blood pressure is considered as a risk factor for heart problems. Physical activity makes your heart stronger, and thus maintains a healthy blood pressure. Isn’t it great?

(iii)

The benefits of physical activity are not only limited to physical but also mental health. When you work out, feel-good chemicals will be released. For instance, dopamine improves your attention and motivation, whereas endorphins reduce stress and anxiety. Researchers suggest that aerobic exercise can shift brain activity from ‘worrying’ to ‘focus’ areas.

(iv)

Part of maintaining good mental health includes fostering strong social connections, which can be greatly enhanced by engaging in physical activity. Before starting a sport, it is important to set goals. Sometimes, you might even **go the extra mile** to get better results. Once you hit the goals, your confidence will be raised. Participating in team sports allows you to meet friends and thus enhance your social well-being.

As the popular saying goes, ‘health is wealth’. It is like ‘an extremely valuable savings account,’ as stated by an American psychologist. Knowing the beneficial effects brought by physical activity on our physical and mental health, it is never too late to get moving.

Part 2

23. In paragraph 2, what does 'it' refer to?
- A. the daily routine
 - B. the risk of falls
 - C. doing grocery shopping
 - D. physical activity
24. In paragraph 3, heart disease, Type 2 diabetes and cancers are examples of _____.
- A. long-term illnesses
 - B. mental health problems
 - C. heart problems
 - D. muscle and bone conditions
25. According to paragraph 4, what is the reason for doing physical activity?
- A. It will increase your stress level.
 - B. It will completely stop you from worrying.
 - C. It gives out chemicals that make you feel joyful.
 - D. It draws your attention away while working.
26. In paragraph 5, what does 'go the extra mile' mean?
- A. walk for longer hours as exercise
 - B. take part in different kinds of sport
 - C. meet more friends to improve social well-being
 - D. put in more effort than expected to achieve something
27. According to the article, which of the following is **TRUE** about physical activity?
- A. Physical activity helps win lots of friends over.
 - B. Physical activity helps release positive elements.
 - C. Physical activity puts your body under a heavy burden.
 - D. Physical activity increases your chances of winning in games.
28. Match the following headings with paragraphs (i) to (iv) on P.4. Write A, B, C or D in the boxes in the answer booklet.
- Headings
- A. Physical activity boosts confidence and social well-being
 - B. Physical activity lowers the risk of chronic diseases
 - C. Physical activity improves your mood
 - D. Physical activity benefits your physique

Part 3

(14 marks)

Owen has written a blog entry about a special concert. Read it carefully. Choose the best answers for Questions 29–34 and complete Question 35.

Listen to your heart and you'll see...

Posted by Owen on 9th March at 23:45

'When we close our eyes, it is dark everywhere. There is no difference between us.' That saying popped up on my screen while I was searching for information on 'Inclusion'—no one being ignored, regardless of background or any other differences. It was about a concert with widely-known characters, Cinderella and her prince. Only this time, the kind girl was blind.

The show was scheduled for 8:15 pm. Although my aunt and I arrived at the venue half an hour earlier, it was already crowded with concert-goers. There was a long line in front of each entrance gate. Some people tried their luck to get a ticket at the box office, but **their** efforts were in vain. The two-hour concert was finally delayed by about 25 minutes.





The lights went out. It was complete darkness. A lady started singing with her angelic voice, telling us of her uneasy life. The beautiful music played by the orchestra further opened our hearts and brought us to the moments when the prince and Cinderella met and how the lady left the hall. No fancy costumes or splendid backdrops. Our thoughts and feelings simply travelled the world of sounds.

The prince was so caught up in finding Cinderella that he completely forgot about the time. Soon, darkness fell and he was lost in the woods. Even the brave prince was in a panic. The intense music played by the orchestra which was composed of a group of visually-impaired or physically-disabled musicians, and the members of our city orchestra made my heart race. The prince was now blindfolded, singing powerfully in the dark. His deep, intense voice filled the air with sadness.

There was a pause after the prince finished his song. Then Cinderella's sweet voice broke the silence. No one could identify where she was, but just heard her singing, 'Follow the chirping of birds and you'll be freed from the darkness of the woods. Listen to your heart and take the path that your voice leads you to. There's always a fountain of hope.' The young man began to follow the sound of birds, which was played by the clarinettist in his wheelchair, and found his way out ... Taken by surprise, the audience were asked to learn those lines by heart and sing as one. The prince finally left the darkness behind! My aunt and I were **in floods of tears**, so were the audience.

'The concert created **a strong scene of inclusion**. Stumbling around in the dark is not scary, but failing to listen and see with your heart could make you weary.' That's what I felt.

Part 3

29. In paragraph 2, '**their**' refers to _____.
- A. Owen and his aunt's
B. the potential customers'
C. the concert-goers'
D. the performers'
30. What time did Owen watch the show?
- A. 7:45 pm – 9:45 pm
B. 8:15 pm – 10:15 pm
C. 8:25 pm – 10:25 pm
D. 8:40 pm – 10:40 pm
31. How did the audience feel when they were invited to sing together?
- A. sad
B. scared
C. unexpected
D. touched
32. The audience were '**in floods of tears**' because _____.
- A. the characters' singing filled the air with sadness
B. they were left in darkness till the end of the performance
C. the characters overcame difficulties and their talents shone through
D. they were invited to join the singing at the climax of the performance
33. According to Owen's comments, '**a strong sense of inclusion**' was shown by the _____.
- A. songs sung by the characters
B. performers from various backgrounds
C. music played by the orchestra
D. overwhelming support of the audience
34. Based on the ideas in the article, put the following pictures in the correct order.
1.  2.  3.  4. 
- A. 2→4→3→2
B. 4→2→1→3
C. 1→2→4→3
D. 1→3→4→2
35. Owen is writing a text message to his dad. Read the article on P.6 and help Owen complete the sentences. Use only **ONE** word for each blank. Make sure your answers are grammatically correct.

Hi Dad,

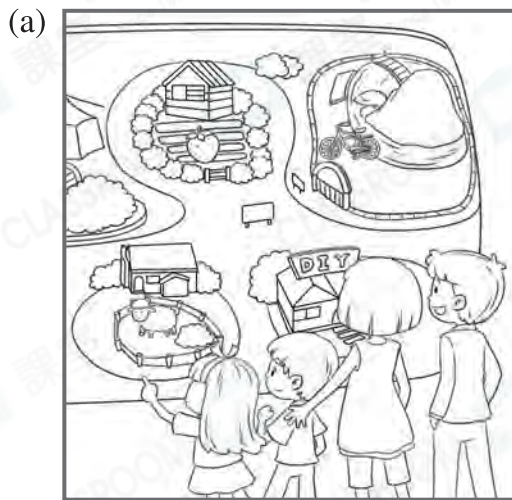
Just home. My heart ____ (i) ____ when I heard the intense music played by the orchestra. The ____ (ii) ____ voice and powerful singing of the characters impressed me...

Section C Writing

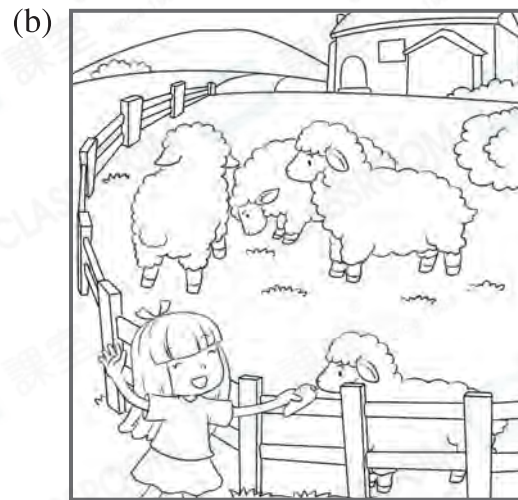
(30 marks)

36. You are Owen. You went to a petting zoo with your family last week. Based on the pictures below, write a diary entry about what happened. Write at least 80 words.

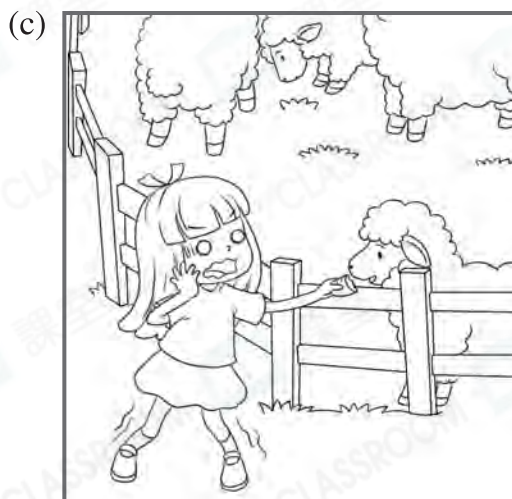
- You may use the words under the pictures to help you.



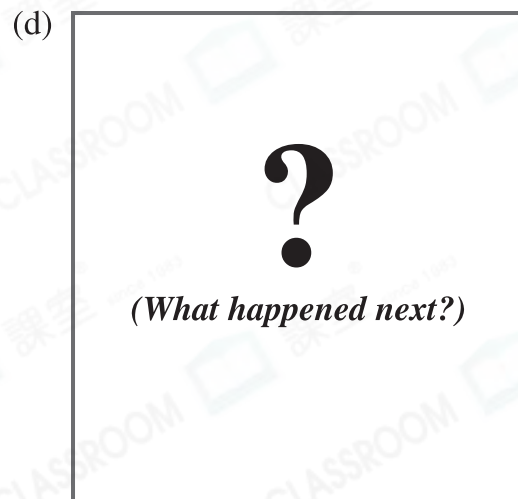
pick / DIY workshops / contact



goats / carrot / hold out



panic / draw back / freeze



End of Test