

Date: Marks:

11

Be Healthy And Tidy

Quantifiers

I have **a few** sweets. Would you like to try them?



Too many sweets are bad for you two!



Too much cola is bad for you!



Grammar in Focus

We use 'a few', 'a little' and 'a lot of' to talk about quantities.

a few

tomatoes

a little

meat

a lot of

tomatoes / meat

We use 'fewer', 'less' and 'more' to give advice and to compare.

You need to eat	fewer	sweets.
	less	fish.
	more	fruit.

I have	fewer	books	than	you.
	less	water		
	more	juice		

We use 'too many' and 'too much' to mean that the amount of something is more than necessary.

Too much	junk food	is	bad for you.
Too many	snacks	are	

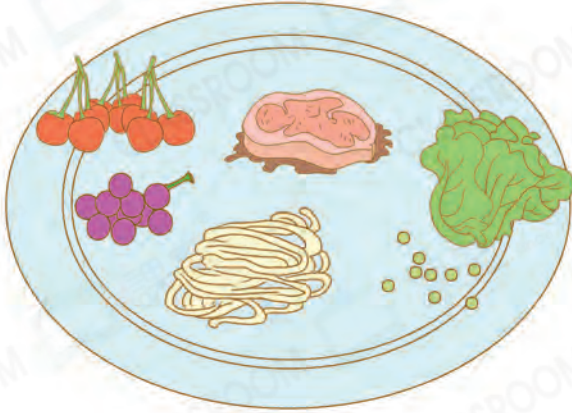


Mistakes Corner

✓ I had **a little** spaghetti. ✗ I had **a few** spaghetti.

- Please give me (**A** a few / **B** a little) apples.
- There is (**A** a few / **B** a little) cola left.

A. Miss Word is eating at a restaurant. Look at her plate and write the correct letters in the spaces provided.



She has **a few**...

a) g r _____ s

b) c _____ e r _____

c) p _____ s

She has **a little**...

d) s _____ e a _____

e) l _____ t u _____ e

f) s _____ a _____ e t _____

B. People are chatting at the restaurant. Circle the correct answers.

1. We have (a little / a few) water in our glasses.
2. I need to buy (a few / a little) pens. There are no pens at home.
3. My neighbour has (a little / a few) brothers and sisters.
4. We have (too many / too much) books. The book shelves are all full.
5. My son wants to buy (too much / a lot of / a little) toys.
6. There is only (too much / a little / a few) juice. I have to buy some.
7. There is only (a little / a few / too much) beef in my noodles.
8. There are (too much / too many / a little) peas on my plate!
9. (Too much / Too many / A few) fried food is bad for us.
10. This car is expensive. I paid (a lot of / too many / a few) money for it.
11. I had (too many / a few / too much) soup. I can't eat any food now.
12. I'm on a diet so I don't want (too much / too many / a few) rice.



C. Miss Word is giving some suggestions to different people. Complete what she says using 'more', 'fewer' or 'less' and the given words.

e.g. I have a sore throat. (water) You need to drink more water.

1. I have a toothache. (sweets) You need to eat _____.

2. I am fat. (cola) You need to _____.

3. I am unhealthy. (vegetables) _____

4. I have a cough. (fast food) _____

5. I am thin. (meat / soya milk) _____

D. Miss Word is watching a TV programme at the restaurant. Fill in the blanks with the given words.

fewer

less

more

too many

too much

Hi! I am Mr Healthy. Today I am going to teach you how to be a healthy kid. *e.g.* Too much fried food is not good for you so you need to eat ① _____ fast food. Also, you need to eat ② _____ sugary food. ③ _____ sweets are bad for you. You need to eat ④ _____ chocolate bars and candies.

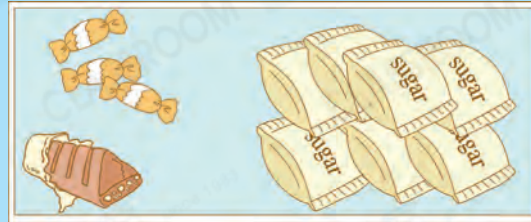
Vegetables and fruit are good for you. You need to eat ⑤ _____ vegetables and fruit. But don't eat ⑥ _____ fruit because there is sugar in fruit. Also, you need to do ⑦ _____ exercise. That's all for today. See you next week!





E. Miss Word is making a poster about sugary food. Complete the poster using 'a little', 'a few', 'a lot of', 'less', 'fewer', 'more', 'too much' or 'too many' and the given words.

Is Sugar Healthy?



In the picture, there are *e.g.* _____ a little chocolate
 (chocolate), ① _____ (sweets) and
 ② _____ (sugar). Do you like them?
 ③ _____ (sugary food) is bad for you.
 It is unhealthy!

Remember:

A) You need to *e.g.* _____ eat less sugary food _____ (eat / sugary food).

B) You need to ④ _____ (eat / sweets).

C) ★ ⑤ _____ (eat / chocolate).

D) ⑥ _____ (drink / water).

Do you eat ⑦ _____ (snacks) than
 vegetables? Do you drink ⑧ _____ (cola)
 than water? If so, you should change your diet and be a healthy
 child.

Have a healthy diet and do more exercise.