

Sam is reading a magazine article about drama therapy.

Kid's Health Weekly

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Drama Therapy for Kids

The Newest Way for Children to Express Their Feelings

by Dr Rachel Ho

5 Have you ever heard of drama therapy? It is a form of therapy for children who have experienced some kinds of trauma in their life. For example, some have been abused by adults, while some have faced a big
10 accident. The therapy allows children to show their emotions in a fun and relaxing environment.

How does it work?

15 The therapy helps children recover by concentrating on role-play or creating their own scripts. Children should feel comfortable and safe in the environment they are put into. Then, they are asked to role-play in different scenarios by

themselves or in groups. Children can explore their own feelings. At the same time, therapists can know more about their patients. 20

Mask making is another common type of drama therapy. Through drawing, children can show the emotions that are not expressed before. 25



Usually children are afraid, shy and unwilling to express before therapy. However, after some time, child patients often become more willing to face their problems with increased confidence. 30

1. Underline the headline.
2. Circle the concluding paragraph.



Date: _____

A Choose the best answer by blackening the circle.

-  1. In the first paragraph, the writer wants to _____.
- A. ask people to join drama therapy
 - B. tell about the negative effect of drama therapy
 - C. explain what drama therapy is
 - D. show how drama therapy works
2. What activities are included in drama therapy?
- | | |
|------------------|--------------------|
| I. role-play | II. script writing |
| III. competition | IV. mask making |
- A. I and II
 - B. II and IV
 - C. I, II and IV
 - D. all of the above
-  3. Which word means 'to treat someone in a cruel way'?
- A. trauma (line 7)
 - B. abused (line 8)
 - C. recover (line 14)
 - D. scenarios (line 19)



Identify the part of speech of the choices first to eliminate the wrong answers.



Read all the details including the name and issued date of the magazine.

B Answer the questions in complete sentences.

4. When will be the next issue?
- _____
5. How do children usually change after joining drama therapy?
- _____

C Answer the questions in short.

6. What is the target group of the drama therapy mentioned in the article?
- _____
7. Use two adjectives to describe the environment of drama therapy.
- _____