



A good child always has good habits. Take the quiz below to see how well you do.

1. Do you sleep more than 8 hours at night?

- A. Always (2 marks)
- B. Sometimes (1 mark)
- C. Never (0 marks)

2. Do you help with housework?

- A. Always (2 marks)
- B. Sometimes (1 mark)
- C. Never (0 marks)

3. Do you hand in your homework on time?

- A. Always (2 marks)
- B. Sometimes (1 mark)
- C. Never (0 marks)

4. Do you greet your teachers and classmates?

- A. Always (2 marks)
- B. Sometimes (1 mark)
- C. Never (0 marks)

A Write 'T' (true) or 'F' (false) for each sentence.

1: Good children help their parents do housework.

2: Good children do not say 'good morning' to their teachers.

3: You can set up a timetable to keep up with your good habits.

4: Good habits help you do better in the future.

Results

Don't give up!

(0–2 marks)

Make a timetable for yourself and follow it. Try your best to make a change!



Nice! (3–6 marks)

You have some good habits. Keep it up! Good habits get you into a routine so you can do even better in the future!



Well done! (7–8 marks)

Congratulations! You have really good habits both at school and at home!



B Circle the words in the word search to complete the sentences.

e.g.

t	h	a	b	i	t	s	z
h	v	q	c	f	b	g	m
o	n	t	r	o	a	e	w
m	u	m	s	l	e	e	p
e	p	o	l	l	o	a	p
g	e	a	s	o	t	r	e
h	o	m	e	w	o	r	k

Hints:

e.g. Good children always have some good _____.

1. Peter is a good boy. He is helpful both at school and at _____.
2. Don't hand in your _____ late or the teachers may punish you.
3. Make sure you go to bed early and _____ more than 8 hours every night.
4. The class monitor always tells others to _____ the classroom rules.