

# 13 Take Care of Yourself

## Reflexive Pronouns

Date:

Grade:

My sister is like a baby. She doesn't know how to take care of **herself**.



I'm not a baby. I can do many things!



Really? Can you go to school by **yourself**?

No, I can't do that. But I can make a cake by **myself**!



## Grammar Explained

- a) We use **reflexive pronouns** when the subject and object of a sentence are the same.

Subject pronouns	Reflexive pronouns	Subject pronouns	Reflexive pronouns
I	myself	they	themselves
you	yourself	he	himself
you (plural)	yourselves	she	herself
we	ourselves	it	itself

Cody hurt **himself** during the football match.

- b) We also use **reflexive pronouns** after 'by' to show that people do something without other people's help.

Did you cook this meal by **yourselves**?

Yes, we cooked this meal by **ourselves**.

**A** Connie is introducing her family to her friends. Look at the pictures and fill in the blanks with the correct reflexive pronouns.



e.g. myself



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_

**B** Cody is playing a game with his classmates. He is acting as a doctor. Complete their conversations with the correct reflexive pronouns.



: How did you hurt ① \_\_\_\_\_?



: I was preparing food when I cut ② \_\_\_\_\_.



: How did your son hurt ③ \_\_\_\_\_?



: He was playing in the playground when he banged his head.



: Did your daughters hurt ④ \_\_\_\_\_?



: Yes, they were running in the corridor and carelessly slipped on the floor.



: How did you hurt ⑤ \_\_\_\_\_?



: We wanted to make some tea. Unfortunately, we burnt ⑥ \_\_\_\_\_ with the hot water.




: How did your wife break her arms?





: She hurt ⑦ \_\_\_\_\_ when she played badminton yesterday.


**C** Connie is writing a diary entry about the school picnic. Complete the diary entry with the correct reflexive pronouns.

3<sup>rd</sup> November, Friday

Cloudy 

What a day! Many accidents happened today. We were walking when Alan hurt ①\_\_\_\_\_. He twisted his ankle so we sat down to have a rest. Mandy made some sandwiches by ②\_\_\_\_\_. She shared them with us and they were delicious. I hope that I can cook something tasty by  ③\_\_\_\_\_ one day.




We played hide-and-seek after lunch. Sally and Kitty fell over and hurt ④\_\_\_\_\_ because they ran too fast. Peter felt hot after the game so he cooled ⑤\_\_\_\_\_ with a fan. Miss Lee was giving us some juice when he accidentally hit her with the fan. Miss Lee told him not to blame  ⑥\_\_\_\_\_. He just needed to be more careful next time.

Before we left, Carol wanted to walk on a path by  ⑦\_\_\_\_\_ but Miss Lee didn't allow it. She said it was too dangerous for us to walk alone. She also told us to take good care of ⑧\_\_\_\_\_.



## Proofreading

**D** Underline the mistakes in the numbered lines and write the correct answers on the lines.

- |   |  |
|---|--|
| 1. Mum : Did you and you friends enjoy the party yesterday? |  1. _____ |
| 2. Roy : Yes, we enjoyed myself very much! I drew a card    | 2. _____   |
| 3. for Mark by himself. He said it was beautiful. Sally     |  3. _____ |
| 4. made a vanilla cake by sheself. It was tasty.            | 4. _____   |
| Mum : That's good. By the way, the weather is getting       |  |
| 5. cold. Wear a jacket to keep you warm.                    |  5. _____ |
| 6. Roy : Don't worry, Mum. I will take good care of me.     | 6. _____   |



# Daily Life Grammar



**E** Mr Kim is reading a newspaper article. Complete the news article with the correct reflexive pronouns or the correct form of the given verbs.

burn drive remind hurt

19 Feb 20XX

Hong Kong Today

## Cooks drive ① \_\_\_\_\_ to hospital after kitchen accident

*By Lee Wing Sze*

Two cooks at The Dragon Palace had accidents in their kitchen after the restaurant was closed at eleven o'clock last night. Victor Ma, 56, was tidying up. He ② \_\_\_\_\_ ③ \_\_\_\_\_ when he touched the oven. Mei Ling, 58, ④ \_\_\_\_\_ ⑤ \_\_\_\_\_ by banging her head on a cupboard while cleaning.

They rushed out of the restaurant to catch a taxi to the hospital. After waiting for a while, Ling asked Ma, 'Can we ⑥ \_\_\_\_\_ ⑦ \_\_\_\_\_ to the hospital? I don't think we can catch a taxi at this time of night.' Ma hurt his arm so Ling was behind the wheel. They arrived safely and were treated by the doctors. 'You should count ⑧ \_\_\_\_\_ lucky. You should call an ambulance in an emergency,' the doctor told the cooks.

Ma and Ling have left the hospital and are now resting at home. 'I was too careless last night. I will take care of ⑨ \_\_\_\_\_ more carefully from now on,' said Ma in the telephone interview. Ling said, 'Kitchen workers should always ⑩ \_\_\_\_\_ ⑪ \_\_\_\_\_ that the kitchen is a dangerous place. There are knives, hot appliances and fire everywhere. We should be cautious all the time.'