



Part 1 In-depth Reading



Suggested reading time: 10 mins

Eddie wrote about what happened at school today.

12th February (Tuesday)

Sunny

Weather of the day

Date & day

When you write the diary entry

LEARN THIS SKILL

In a diary entry, we use the *simple past tense* to write about what happened.

Body

- Use the first-person point of view, i.e. using 'I'
- Put the events in time order

Feeling(s)

- Show what you think about something
- Use adjectives to tell your feelings, e.g. excited

Today was the height and weight measuring day. All of us **were** so excited! **This morning**, we **went** to the school hall. Some teachers and parent volunteers **helped** us measure our heights and weights there. I **was 28 kg one year ago** and I am **31 kg** this year. I **grew** taller too. I **was** only **1.34 m** tall **last year** and now I am **1.39 m** tall!

This afternoon, there **was** a talk about healthy eating. We **learnt** that we should eat more vegetables and less sugary food. When I **saw** the calorie table I **was so surprised**—I **didn't know** fruit juice **made** me gain weight!

This evening, I **was** hungry when I **got** home. I **wanted** to have some strawberry cupcakes for snacks, but Chloe **reminded** me about the talk. She **made** some tomato and lettuce crackers. They **were** cute, healthy and yummy! We **ate** them all. **We had a delicious and wonderful evening!**



USEFUL TIP

We can use '**We had a...time / day / afternoon / evening**' to talk about our feelings.

e.g. **We had a wonderful time** at the zoo today!

ABC Choose the Best Answers

1. How was the weather? **Weather of the day**

A.



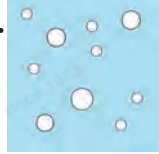
B.



C.



D.



2. What did Eddie do in the afternoon? **Body**

A. Ate sweet food

B. Measured his weight

C. Made strawberry cupcakes

D. Learnt about food calories

? Fill in the Blanks

3. Which day of the week was it when Eddie wrote this diary entry?

Date & day

It was _____ when he _____ this diary entry.

4. What did Eddie think about the crackers? **Feeling(s)**

He thought they were _____.

5. The verb ' _____ ' in the diary entry means 'made somebody think of something'. **Word choice**

🔍 Know More about the Structure

Match the content to the correct part of a diary entry.

A. Weather

B. Date & day

C. Feeling(s)

D. Body

6. 6th March (Saturday)

7. Today was my birthday. I had a buffet lunch with my parents and grandparents.

8. Cloudy

9. I was so surprised—I didn't know Grandpa bought me a present! What a nice model car!


Part 2 Fun Text Grammar

 Suggested finishing time: 10 mins

Magic Grammar Points

a We use the **simple past tense** to talk about things that happened in the past.

Chloe	<u>was</u>	weak last year.
She	<u>started</u>	to eat more fruit ten months ago.

 was / were = the past form of the verb to be

Ex. / Fill in the blanks with the correct form of the verbs given.

Yesterday ① _____ (be) a sunny day. Chloe and Mimi
 ② _____ (go) to the park. Chloe ③ _____ (put) a lot
 of food on a picnic mat. They ④ _____ (eat) and drank there.
 They ⑤ _____ (have) a wonderful picnic!

b We can use **time markers** to show when the past events happened.

last	night Tuesday week year	this	morning afternoon evening	yesterday	four hours	ago
				today / tonight	two years	

e.g. Smartie went to Stanley Market **last week**.

Ex. / Complete Eddie's diary entry with the correct time markers.

13th Feb, 20XX (Wednesday) Rainy

I had a bad day ① _____. ② _____, I woke
 up late. I missed the bus and I was late for school. ③ _____,
 Miss Chan gave us an English quiz. She told us about it ④ _____
 _____ (on Monday), but I forgot to study for it ⑤ _____
 (on Tuesday night). I did not know how to do it at all! I was very sad!



Amazing Vocabulary

We use **centimetre (cm)** and **metre (m)** as the units to measure heights. We use **gram (g)** and **kilogram (kg)** as the units to measure weights.

Add the word 'tall' after 'm' and 'cm'. Do NOT add the word 'heavy' after 'g' or 'kg'

1 metre = 100 centimetres
1 kilogram = 1000 grams

e.g. My sister is 1.3 **m tall**. She is 35 **kg** this year.

Ex. Smartie and Fifi are talking about their heights and weights. Complete their conversation. Write the numbers in words.



I am ① _____ centimetres tall and ② _____
_____ grams this year. What about you, Smartie?

(0.4 m, 0.5 kg)

I am ③ _____ centimetres
_____ and ④ _____ kilograms this year.



(1.34 m, 29 kg)



Practical Sentence Patterns

We can use ' **I was so** (adjective) + **—I didn't know** (something happened)! ' to show our feeling towards an unexpected event.

Feeling

The event happened (in past tense)

e.g. I was so happy —I didn't know Mum bought me a new dress!

Ex. Complete the sentences with the correct adjectives.

surprised

angry

happy

- I was so _____ —I didn't know my brother ate my cake!
- I was so _____ —I _____ know Dad invited Miss Chan to the party!
- I was so _____ —I _____ a cockroach went into the bathtub!

Part 3 Getting to Write

 Suggested finishing time: 15 mins

Brain Boost

Eddie wants to write a diary entry about Sports Day. Fill in the blanks with the words given.

watched	ceremony	delighted	26 th March	ate
fun and exciting	sunny and windy	nervous	joined	cheered

What was the date?	1. _____
What was the weather like?	2. _____
Where did I go and how?	Kowloon Bay, by bus
What did I do when I got there? How did I feel?	I 3. _____ snacks with my friends. I was very 4. _____.
What did I do at 10 am this morning?	<ul style="list-style-type: none"> • I 5. _____ the 100 m race and the high jump. • I was a bit 6. _____. I won a bronze medal one year ago, and a silver medal this year in the high jump.
What did I do at 2 pm this afternoon?	<ul style="list-style-type: none"> • I 7. _____ the inter-class relay and 8. _____ for my classmates. • Jason ran very fast and our class won the relay. Everyone was very surprised!
What did I do at 4 pm this afternoon?	I watched the award presentation 9. _____.
What did I think about the day?	I thought it was 10. _____.



Let's Practise

Eddie is now writing the diary entry. Complete the diary entry below with the help of the table.

1 _____ (Friday) 2 _____

Today 3 _____ Sports Day. I went to the sports ground in Kowloon Bay by bus.

When I got there, I 4 _____ with my friends. Gary and Annie shared their sandwiches and biscuits with me. I was so delighted—I 5 _____ smoked salmon was so yummy!

I joined two events this year. They 6 _____ (be) the 7 _____ and the high jump. They started at 10 o'clock 8 _____. I was a bit 9 _____. I won a bronze medal in high jump 10 _____, and I got a silver one this year! I think it was because I grew taller. I am now 139 cm 11 _____ so I can jump higher!

Many students joined the inter-class relay 12 _____. We all cheered for our class. Jason was in the relay.

13 _____—I didn't know he was such a fast runner! In the end, our class won! We then watched the award presentation ceremony. We had a 14 _____ day!

2

What was the weather like?

4-5

Fill in each blank with two words.

8

Write a time marker here.

9

How did Eddie feel during the events?

10

Which two words mean 'one year ago'?

12

Write another time marker here.

13

Eddie did not know Jason could run so fast.