

# Unit 7 Recipe

## Part 1 In-depth Reading



Suggested reading time: 10 mins

Chloe is reading a recipe for mini burgers.

### Mini Burgers

[Servings: 2]

[Cooking time: 25 mins]

#### Ingredients:

- ◆ 1 egg
- ◆ 240 g minced beef
- ◆ 3 teaspoons of oil
- ◆ 4 slices of cheese
- ◆ 2 slices of lettuce
- ◆ 1/2 onion
- ◆ seasonings (a pinch of salt and pepper)
- ◆ 2 mini burger buns
- ◆ 2 slices of tomato



#### Steps:

1. **First** beat the egg with a fork for 15 seconds.
2. **Second** use a knife to chop the onion into small pieces.
3. **Third** mix the minced beef with the onion pieces and egg in a large bowl.
4. **Next** add some salt and pepper to the beef mixture.
5. **Roll** the beef mixture into two beef balls with your palms.
6. **After that** use your hands to flatten the beef balls.
7. **Then** heat a little oil in a frying pan and fry the beef (at least 4 minutes for each side over a small fire).
8. **Cut** the burger buns in half crosswise with a knife.
9. **Finally** place the beef, cheese slices, tomato slices and lettuce slices between the buns.

#### Title

Write the name of the dish

#### Serving size

State how many people the dish serves

#### Finishing photo

Show what the dish looks like

#### List of ingredients

- List the ingredients in order of use
- State the exact amount in numbers

#### Preparation method

- Number each step
- Use adverbs of sequence to present the flow of ideas more clearly
- Indicate what utensils or cooking appliances to use
- State the exact time needed for each step if necessary

### USEFUL TIP

We use the **imperatives** to write the instructions in a recipe. Start the sentences with **action verbs** in the base form.

**e.g.** **Wash** the potatoes under running water. ✓

You have to wash the potatoes under running water. ✗



## ABC Choose the Best Answers

- Chloe wants to make the burgers for eight people. According to this recipe, how many grams of minced beef does she need? **Serving size + List of ingredients**

A. 120 g       B. 240 g       C. 480 g       D. 960 g
- Chloe is designing another burger recipe. Which of the following may she NOT write in the ingredient list? **List of ingredients**

A. 300 g smoked salmon       B. 1 clove of garlic  
 C. 8 slices of cucumber       D. Tomatoes
- Chloe does NOT know \_\_\_\_\_ from the recipe. **Preparation method**

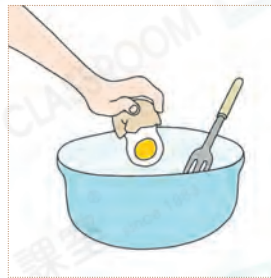
A. what utensil to use to beat the egg  
 B. people's comments about the dish  
 C. how long it takes to fry the beef  
 D. the number of steps for making the burgers

## ? Fill in the Blanks

- What does the photo in the recipe tell people? **Finishing photo**  
 It tells people \_\_\_\_\_ when the cooking is done.
- The verb ' \_\_\_\_\_ ' in the recipe means to 'to put'. **Word choice**

## 🔍 Know More about the Structure

Which parts of the recipe do the pictures refer to? Link them with lines.



Finishing photo

Preparation method

List of ingredients

## Part 2 Fun Text Grammar



Suggested finishing time: 10 mins

### Practical Sentence Patterns

a We use the following sentence patterns to talk about the ways of doing things:

Use (a tool) + to (do something) // (do something) with (a tool)

e.g. Use a spatula to stir-fry the vegetables. //

Show the purpose of the action

Stir-fry the vegetables with a spatula.



Ex. Read the sentences and circle the correct thumbs. For each wrong sentence, underline the wrong word and write the correct word above it.

e.g. Cut the carrots with a knife.



1. Use a peeler with remove the skin of the apple.



2. Measure the amount of milk with a measuring cup.



b We use 'Cut / Chop (something) + in half / into small pieces / into slices' to talk about the ways to divide something with a sharp tool.

e.g. Cut the apple in half.



A piece is a small part of food; a slice is a flat and thin piece of food.

Ex. Look at the pictures and write the correct instructions.

1. Chop the watermelon \_\_\_\_\_.

2. Cut \_\_\_\_\_.

3. \_\_\_\_\_.

4. \_\_\_\_\_.



(chop, watermelon)



(cut, cucumber)



(chop, potato)



(cut, cheese)



## Amazing Vocabulary

**Cooking appliances** are the devices that people use for cooking food.

**Ex.** Match the cooking appliances to the sentences.



blender



toaster



electric kettle



microwave

1. We can boil water with an \_\_\_\_\_.



2. Every morning, Mum uses the \_\_\_\_\_ to make toast.



3. Tom never cooks. He only uses the \_\_\_\_\_ to reheat pizzas.



4. Anna mixes fruits into ice cream with a \_\_\_\_\_ to make smoothies.



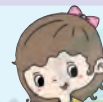
## Magic Grammar Points

We use the **adverbs of sequence** to show the order of a series of actions. We usually put them at the beginning of the sentences, before the **action verbs**.

First / Second / Third	<b>peel</b> the bananas.
Next / Then / After that (Use them interchangeably)	<b>blend</b> them in a blender with ice and milk.
Finally	<b>pour</b> the mixture into a glass.

**Ex.** Chloe is teaching Mimi how to make strawberry jam. Fill in the blanks with the correct adverbs of sequence and action verbs.

1 \_\_\_\_\_ 2 \_\_\_\_\_ the strawberries under running water. 3 \_\_\_\_\_ use a blender to 4 \_\_\_\_\_ the strawberries with sugar, water and lemon juice. 5 \_\_\_\_\_ boil the mixture in a pot and stir it gently with a spoon. 6 \_\_\_\_\_ 7 \_\_\_\_\_ the mixture into a jar.



# Part 3 Getting to Write

 Suggested finishing time: 15 mins

## Brain Boost

Chloe wants to teach Mimi how to make mango pudding. Help her complete the mind map below with the words given.



pour	to	stir	place
in	mix	with	into



## Let's Practise

Chloe is now writing a recipe. Complete the recipe below with the help of the mind map.

### Mango Pudding

[Servings: ① \_\_\_\_\_]

[Cooking time: 20 mins]

#### Ingredients:

- ◆ 330 ml water
- ◆ 170 g mango-flavoured jelly powder
- ◆ 220 ml fresh milk
- ◆ 1 medium-sized mango
- ◆ ② \_\_\_\_\_



#### Steps:

1. ③ \_\_\_\_\_ the water in an electric kettle.

④ \_\_\_\_\_ the mango-flavoured jelly powder with the boiling water and the fresh milk in a big bowl.

2. ⑤ \_\_\_\_\_ use a spoon ⑥ \_\_\_\_\_ until the jelly powder dissolves completely.

3. ⑦ \_\_\_\_\_ cut the mango in half ⑧ \_\_\_\_\_ a knife. Chop ⑨ \_\_\_\_\_.

4. ⑩ \_\_\_\_\_ add the mango pieces into the bowl

⑪ \_\_\_\_\_.

5. ⑫ \_\_\_\_\_ to cover the bowl.

6. ⑬ \_\_\_\_\_ the pudding in the fridge for

⑭ \_\_\_\_\_.

7. ⑮ \_\_\_\_\_ the pudding from the bowl. Pour some evaporated milk on top of it before serving.

How many people is the pudding for?

What is the last ingredient? How much of it does Chloe need?

Start the sentence with 'First' and an action verb.

What does she use the spoon to do?

Some adverbs of sequence are interchangeable. But do not repeat them too often.

Which tool does she use?

What does she use here?

Which adverb of sequence does she use for the last step?