

HONG KONG FOOD SAVERS

Text Type: Leaflet
Suggested finishing time: 15 mins

Listen!

Let's Think!

1. Do you produce a lot of food waste every day?
2. How can you help reduce food waste?

[1] About Us

Hong Kong Food Savers (HKFS) is a charitable organisation established in 2018, aiming to promote the reduction of food waste. Our team is comprised of 50 regular volunteers who share the goal of turning food waste into nutritious and nourishing hot meals for the less affluent.



distribute the packed meal boxes, along with other readily edible food, at our centre or even to the needy's doorsteps upon request. We believe our efforts have benefited many, and with more people encouraged to treasure food and reduce food waste, the significance of food saving can be promoted.



[2] The Problem of Food Waste in Hong Kong

The problem is considered extremely serious, as there are over 3,500 tonnes of food waste being disposed of at the landfills every day. Over 2,500 tonnes of the total number are from households. The situation has even intensified in recent years. Now, Hong Kong's three main landfills are nearly saturated. Hence, there is an imminent need to implement measures to tackle the problem, especially to seek ways to minimise our everyday food waste.



[4] Ways to Curb Food Waste

(i) Reduce it at source

Buy, order or cook the right amount to avoid leftovers from turning into waste. Pack unfinished food in a reusable food container for later consumption whenever possible.



(ii) Make good use of surplus food

Prepare simple dishes like broth or frittata with the excess ingredients.

(iii) Be aware of what you purchase

Check the expiry date and consume the food before it expires to minimise wastage.

~300 words

SAVE FOOD TO SAVE LIVES. CHERISH IT NOW, OR IT PERISHES.

More to Take Away

There are a number of organisations which recycle and seek to reduce food waste in Hong Kong, including Food Angel and Feeding Hong Kong.

Looking into Grammar

Imperatives are commonly used for giving advice, commands, instructions and sometimes wishes and requests. The base form of a main verb is often used to begin such a clause without a subject.

✓ Have (✗ Has) a good time.

? Circle THREE imperatives in the last paragraph.

Part A Multiple Choice Questions

Answer the following questions based on the information provided in the leaflet. Choose the best answer by blackening the appropriate circle.



1. HKFS is an organisation that _____.
- A. works hard to eliminate food waste entirely
 - B. implements schemes to educate secondary school students about food waste
 - C. consists of both children and teenage volunteers
 - D. doesn't profit from offering services that benefit the public

2. The aim of HKFS is to _____.
- A. combat the problem of food waste
 - B. promote cooking using food waste
 - C. prepare food for the community
 - D. promote the value of food

3. Read paragraph 1. The phrase 'the less affluent' refers to _____.
- A. the citizens
 - B. the disabled
 - C. the underprivileged
 - D. the elderly

4. According to paragraph 2, the problem of food waste in Hong Kong is _____.
- A. foreseeable and preventable
 - B. improving and trivial
 - C. exigent and significant
 - D. widespread and inevitable

5. The domestic food surplus accounts for about _____ of the total food waste.
- A. a quarter
 - B. two-thirds
 - C. one-third
 - D. half

5 You will need to do a simple calculation.

6. Which of the following is NOT what the HKFS does?
- A. to hold educational talks
 - B. to collect food that is no longer needed
 - C. to alleviate poverty across the city
 - D. none of the above



7. According to the leaflet, the writer _____.
- A. thinks HKFS is short of volunteers
 - B. thinks the public is in urgent need of information about a food-saving lifestyle
 - C. is supportive of food saving
 - D. thinks a collective effort in tackling food waste is long overdue

7 Look for words that may reflect the writer's attitude, or eliminate options with keywords mentioned but irrelevant to the writer or contrary to his or her thought.

Moral

'Throwing away food is like stealing from the table of the poor and the hungry.'
Pope Francis



Self-evaluation
Checklist

Please scan the QR code on P.6 to access the checklist for evaluating your own reading progress.

Part B Pre-HKDSE Questions

Answer the following questions based on the information provided in the leaflet. For questions 2 and 3, answer in complete sentences.

1. Arrange the following events in the order in which they happen by writing the letters (A-D) in the boxes.

A.



B.



C.



D.



2. Read the slogan 'SAVE FOOD TO SAVE LIVES. CHERISH IT NOW, OR IT PERISHES.' What does it mean?

2 What does the 'it' refer to? Note that the word 'save' here carries two different meanings.



3. What should we pay attention to when buying food? Explain your answer.

3 Look for synonyms for 'pay attention to' and 'buy'.



4. Match each of the following quotes with its most likely speaker. Put the letters in the corresponding boxes.

A. A school principal B. A beneficiary C. A HKFS volunteer D. A student

- (i) 'These are the only hot meals we've had this winter.'
- (ii) 'We have a routine of preparing and serving the meal boxes.'
- (iii) 'After volunteering for HKFS, I hope they will learn to treasure food.'
- (iv) 'The experience has been rewarding. I'll continue to volunteer in the future.'

5. Look for words in the leaflet that are similar in meaning to the following:

- (i) dumped (v.) _____ (para. 1-2)
- (ii) urgent (*adj.*) _____ (para. 2-3)
- (iii) control (v.) _____ (para. 3-4)

Part C Vocabulary Bank

Label the photos below with the names of different kinds of waste from the word box.

sewage sludge

radioactive waste

household waste

clinical waste

food waste

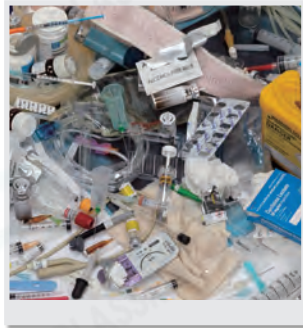
commercial waste

chemical waste

construction waste



1. _____



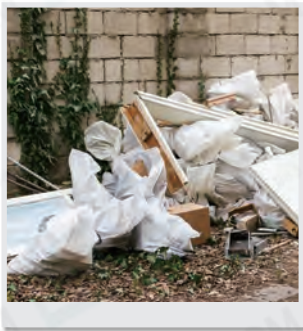
2. _____



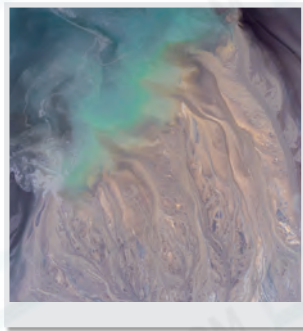
3. _____



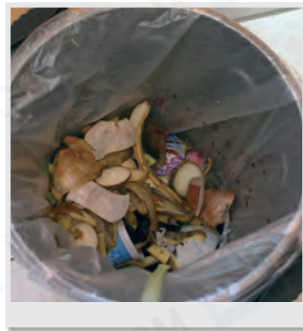
4. _____



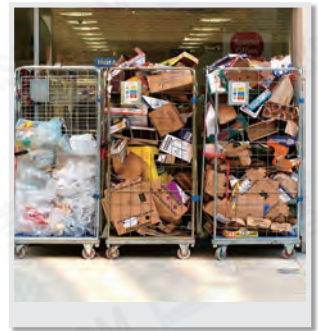
5. _____



6. _____



7. _____



8. _____

Word Craft

Waste (Refer to P.100.)

e.g. dispose of **waste**
dump **waste**
cut down on **waste**
reprocess **waste**
incinerate **waste**

Let's Discuss!

1. Do you think food waste is a growing problem in Hong Kong?
2. What consequences can the problem of food waste lead to if it is left unchecked?