

# 8

## Extend a helping hand



Level:



### Let's think!

1. What kind of volunteer work have you done?
2. How can volunteering make an impact on our community?

PLAYLIST



READ ALONG



### Text 1

#### HONG KONG HEADWAY SECONDARY SCHOOL

#### A Proposal for Student Volunteering Programme: Angels Everywhere

\_\_\_\_\_ ?

**1** The school's counselling team is proposing a volunteering programme named 'Angels Everywhere'. It will strengthen the ties between students and the community, as well as improving students' social well-being. 5

**2** Our counselling team used to hold on-site programmes at school. This year, we propose collaborating with Changing Life Foundation (CLF), a local non-governmental organisation (NGO) which primarily provides health, education and recreation programmes for children with special educational needs. Lately, it has extended its scope of service to the youth and the elderly in poverty. We plan to co-host a volunteering programme with CLF to empower the underprivileged in the community by addressing their plight. We plan to select 10 students in the senior forms for this programme. 10

\_\_\_\_\_ ?

**3** We always encourage students to get more involved in the community. Relationships among neighbours in their communities used to be closer, but today many people go about their lives without getting to know their neighbours. We hope that through this programme, students will get to understand that small help can make a big impact on the community. 15

**4** Our goal is that students will bond with peers and mentors via volunteering. Career doors are opened to them when they come together and work with people from all walks of life. We also hope that they will build up a variety of soft skills, such as teamwork skills, leadership skills and communication skills besides expanding their network. 20

**5** Above all, we aim to foster students' well-being by offering them more volunteering opportunities. Researches have shown that positive and impactful activities can help teenagers cope with the adversity caused by stress, anger, and other emotional upheavals of puberty. 25

?

- 6 1 July—Volunteering in a youth centre in Kwun Tong** 🙋 Along with the senior supervisors from CLF and the mentors, our students will help out with hosting career exploration workshops. There are 40 early school leavers in the centre, ranging in age from 13 to 17. Each student will be assigned to a group of four to aid in the activities. Throughout the day, our student volunteers will assist the mentors and join the teenagers to explore their strengths and weaknesses and identify pathways in achieving their career goals. 30
- 7 2 July—Home visits to the elderly** 🙋 Our student volunteers will be split into groups to visit about 30 elderly residents living alone in Sham Shui Po. Each group will be supervised by one social worker from CLF. Participants will chat with the elderly and hand out food and daily necessities gift packs. 30
- 8 3 July—Meal preparation** 🙋 Student volunteers will help prepare food at the mobile pantry of CLF in Admiralty. This year, the central kitchen in the headquarters that used to offer free lunches every weekend is under renovation, so the mobile pantry will take its place. Our students will help prepare food, pack meals and deliver hot meals to children with disabilities. 35

~490 words

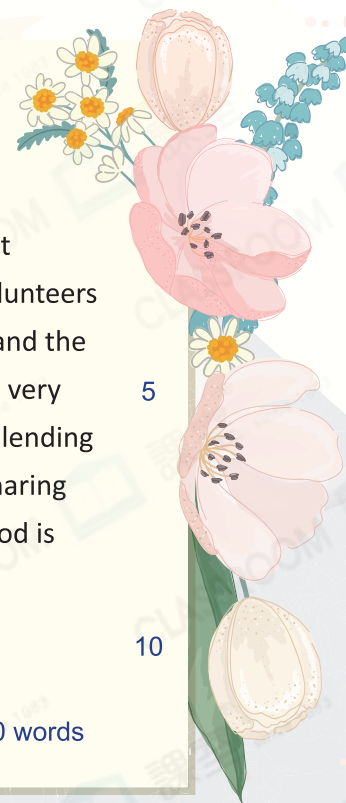

**Text 2**

Dear Miss Chan,

I am writing to express my appreciation for your student volunteers' services during the mentor sessions. The volunteers infused love, patience, and generosity into our centre, and the teenagers were delighted by their participation. We are very grateful to your volunteers for helping early school leavers set personal goals and lending a helping hand when they had difficulty in expressing their thoughts during the sharing activity. Your commitment in motivating disadvantaged youth in the neighbourhood is unquestionable, and we look forward to seeing you and your students soon.

Peter Chiu

Chairman of Kwun Tong Youth Centre



5

10

~100 words

**Looking into Grammar**

We use **used to + bare infinitive** to talk about a past habit or state that is no longer true in the present.

✓ Our counselling team **used to hold** (✗ uses to holding) on-site programmes at school.

? Underline TWO similarly structured sentences in paragraphs 3–8.



**Read Text 1 and answer questions 1–11. For multiple-choice questions, choose the best answer and blacken ONE circle only. (22 marks)**

1. Draw lines to match the paragraph numbers with the basic components of a proposal.

- |                        |                |
|------------------------|----------------|
| (i) paragraphs 1–2 •   | • schedule     |
| (ii) paragraphs 3–5 •  | • objectives   |
| (iii) paragraphs 6–8 • | • introduction |

2. Complete the details of the 'Angels Everywhere' programme.

- Type of programme: (i) \_\_\_\_\_
- Duration: (ii) \_\_\_\_\_
- Co-organisers: (iii) \_\_\_\_\_
- (iv) \_\_\_\_\_

2 With the help of Q1, look for details of the programme from the right sections.

3. Look for words in paragraphs 1–2 that have similar meaning to the following:

- (i) connections (n.) \_\_\_\_\_
- (ii) the disadvantaged (n.) \_\_\_\_\_

4. According to paragraph 3, how were neighbour relationships in the past?

- A. People lived in a closed community.
- B. Neighbours recognised their negative impact on one another.
- C. There was more interaction among neighbours.
- D. Neighbours were too busy to know one another.

- |                       |                       |                       |                       |
|-----------------------|-----------------------|-----------------------|-----------------------|
| A                     | B                     | C                     | D                     |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

5. According to paragraph 4, list THREE benefits brought by Angels Everywhere.

- (i) Students can \_\_\_\_\_
- (ii) Students can \_\_\_\_\_
- (iii) Students can \_\_\_\_\_

6. Find a word in paragraphs 3–5 which has a similar meaning with 'plight' (line 13). \_\_\_\_\_

7. What does 'aid' mean (line 30)?

- A. to give money or supplies
- B. to make something happen
- C. to give simple medical treatment before a doctor comes
- D. to make something easier by providing what is useful or necessary

7 The differences between two of the options are subtle.

- |                       |                       |                       |                       |
|-----------------------|-----------------------|-----------------------|-----------------------|
| A                     | B                     | C                     | D                     |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

8. According to paragraphs 6–8, which of the following is true?

- A. The central kitchen in the headquarters still opens despite renovation.
- B. The second day of the programme will take place in Sham Shui Po.
- C. CLF will assign one social worker to supervise all the home visits.
- D. Each student volunteer will form a group of four with the teenagers in the youth centre.

- |                       |                       |                       |                       |
|-----------------------|-----------------------|-----------------------|-----------------------|
| A                     | B                     | C                     | D                     |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

9. What is the purpose of the proposal?
- A. to introduce Changing Life Foundation  
 B. to put forward the volunteering project  
 C. to inform volunteers about the programme details  
 D. to request Changing Life Foundation for cooperation

A      B      C      D  
        

10. Determine whether the following statements are True **(T)**, False **(F)** or Not Given **(NG)**.

	T	F	NG
(i) Teenagers will be split into ten groups for activities at the youth centre.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(ii) Student volunteers will sell food for charity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(iii) The headquarters of Changing Life Foundation is in Admiralty.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
(iv) The free lunches will be delivered to kindergartens for children with disabilities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

11. Tom seeks to expand his network via volunteering. On which day of the programme should he join? Explain your answer.

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**Read Text 2 and answer questions 12–13.**

**(5 marks)**

12. Look for a word which describes how much the youth centre values Miss Chan's work.

\_\_\_\_\_

**12** How does the writer of the note describe Miss Chan's effort on volunteering?



13. Complete the conversation among three student volunteers by filling in each blank with ONE word taken from the thank you note.

**David:** I never expected that the teenagers would feel (i) \_\_\_\_\_ to have us in the workshop.

**Julia:** Yes, the workshop was definitely a success. Recalling that day, it took us so much time and (ii) \_\_\_\_\_ to encourage the teenagers to talk about their career goals.

**Anna:** I remember that day during the sharing activity. A girl had (iii) \_\_\_\_\_ in expressing herself and figuring out her career goal. After I spent time helping her understand her own strengths and weaknesses, she began to know what jobs interest her.

**Julia:** Yes! I remember she was so (iv) \_\_\_\_\_ that she gave you a hug in the end. It's sweet, isn't it?

# Vocabulary

GLOSSARY



A. Complete the interview below with the given words. Make sure your answers are grammatically correct.

all walks of life (*idm.*)

bond (*v.*)

collaborate (*v.*)

counselling (*n.*)

generosity (*n.*)

necessity (*n.*)

the underprivileged (*n.*)

ties (*n.*)

upheaval (*n.*)

well-being (*n.*)

**Host:** Thank you for joining us on *Wonderful Morning*, Ms Walker. I heard that you have established a volunteer organisation. Can you tell us more about it?

**Ms Walker:** Of course. In the past several years, we have been undergoing social (1) \_\_\_\_\_ because of the economic downturn. The recession has seriously affected the livelihood of people from (2) \_\_\_\_\_. Many businesses have been at risk of closure. More people have been pushed into poverty and have lost hope in life. The index that measures (3) \_\_\_\_\_ has dropped significantly. It's necessary to call on everyone to lend a helping hand. Therefore, I hope our organisation can strengthen the (4) \_\_\_\_\_ between (5) \_\_\_\_\_ and society and make them feel loved in society.

**Host:** What will the volunteers do?

**Ms Walker:** They will provide people in need with daily (6) \_\_\_\_\_, such as food, clothes and shelter. They will also pay visits to them from time to time and help them regain confidence through (7) \_\_\_\_\_.

**Host:** It's very kind-hearted of you.

**Ms Walker:** It's my honour to give back to society. I also got help from others. Two nearby stores are willing to (8) \_\_\_\_\_ with us. They donate some fruit and vegetables to us regularly. Recently, a restaurant has also decided to sell us food at a low price.

**Host:** How do you feel after establishing this organisation?

**Ms Walker:** I feel joyful and blessed to witness the (9) \_\_\_\_\_ and kindness of the public. Most importantly, I hope that through the organisation, I can help the needy (10) \_\_\_\_\_ with society again.



T O G E T H E R

W E C A N

B. Look at the pictures. Write the given words in the spaces provided.

**People in need**

alcoholic

disabled person

drug addict

homeless person

illiterate person

orphan

teenage mother

victim of abuse



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



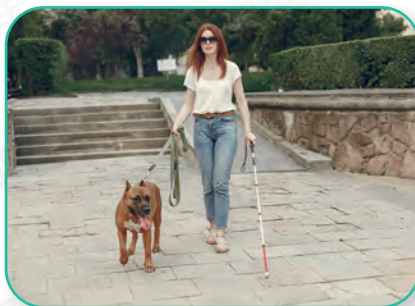
4. \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_



7. \_\_\_\_\_



8. \_\_\_\_\_

**Writing**

**My thoughts on volunteering**

What benefits can you receive from being a volunteer? Write an article about your views on volunteering in about 200 words.