

Writing Task Sample

Unit 8 Extend a helping hand (p.67)

My thoughts on volunteering

What benefits can you receive from being a volunteer? Write an article about your views on volunteering in about 200 words.

With a record of 1.65 million Hong Kong people living in poverty, it is critical that we each **do our part** to support communities in need. From my point of view, despite the fact that volunteering is unpaid and demands some time and effort, volunteers can develop personally while advancing society and spreading kindness and **compassion**.

Firstly, by engaging in volunteer work, people can experience the **fulfillment** that comes from assisting others. People who take part in volunteering tend to feel **a sense of accomplishment** and **satisfaction**. They generally feel that their efforts have **made a difference** to people's lives.

Secondly, participating in volunteering job can **enrich** experiences. Volunteering mostly helps people who have difficulties in life. While supporting those in need, volunteers will have a better understanding of life and a greater **appreciation for the present** while helping those in need.

Thirdly, our ability to organise, communicate and deal with complex situations could be improved during the course of voluntary work.

More importantly, voluntary work strengthens interpersonal communication and reduces the sense of **alienation**, which undoubtedly contributes to the promotion of **social harmony**.

In other words, through volunteer work, we can not only widen our horizons but also foster social growth and create a positive environment in our **beloved** city. Let's get **involved** in volunteer work!

~216 words