

8



Bubble tea

Listen!



Let's Think

1. Have you ever tried bubble tea?
2. Do you think it is healthy?

You are Lillian. You are reading an article about bubble tea in a magazine.

The 'Bubble' Trend

How many types of Taiwanese foods have you tried? Pineapple cakes? Oolong tea? How about bubble tea?



Bubble tea was invented in Taiwan in the 1980s. It is tea mixed with ingredients like fruit, milk and very often tapioca balls. With everything added, the drink is shaken and bubbles would be formed, and hence the name 'bubble tea'.

Some people say that bubble tea came from Tainan, but a lot of people say it originated in Taichung. In the 1980s, its popularity rocketed and soon it became a leading Taiwanese export.

Hong Kong was one of the first places outside Taiwan where bubble tea became fashionable. About 10 years ago, the Taiwanese drink was served in a few restaurants and tea houses. These days, many tea shops can be found in busy

districts like Mong Kok, Wan Chai and Causeway Bay.

Without chairs or tables, these shops are seen as grab-and-go spots, from which thirsty passers-by may get what they order in just a minute. While they compare unfavourably to privately owned, furnished tea houses in appearance, what they sell is simply incomparable.

Despite its popularity, many studies have revealed that bubble tea is far from healthy since it is very often heavily sweetened and calorie-laden. As a result, those who drink it on a regular basis may risk having heart diseases and gaining weight. So, remember one word: moderation.

(229 words)

Part A

Answer the following questions using the information from the article. Choose the **BEST** answer and blacken **ONE** circle only.

- The Taiwanese drink is called bubble tea because of _____.
 A. what is seen on the surface after the drink is shaken
 B. the colour of the drink
 C. the mixture of different ingredients
 D. where the drink was invented
- Most people believe that bubble tea came from _____.
 A. Taipei
 B. Taitung
 C. Taichung
 D. Tainan
- What does 'export' in line 13 mean?
 A. something that is bought from another country
 B. something that is sold to another country
 C. something that is expensive
 D. something that is inexpensive
- Which of the following is **NOT TRUE**?
 A. Bubble tea was not served in a lot of places at first in Hong Kong.
 B. It is not hard to find a bubble tea shop in Wan Chai these days.
 C. The writer thinks the drinks sold in furnished tea houses taste better.
 D. Drinks are quickly prepared in grab-and-go tea shops.
- According to the article, people who _____ should _____ bubble tea.
 A. have diabetes...consider drinking more
 B. are thin...consider drinking more
 C. like sweet drinks...avoid drinking
 D. want to keep fit...avoid drinking

Grammar Corner

We can use 'many', 'much' and 'a lot of' to refer to large amounts or numbers.

e.g. Some people say that bubble tea came from Tainan, but a lot of people say it originated in Taichung.
(Lines 9-11)

We can use 'a few' and 'a little' to refer to small amounts or numbers.

e.g. About 10 years ago, the Taiwanese drink was served in a few restaurants and tea houses.
(Lines 16-18)

Though furnished tea houses look better than grab-and-go spots, the drinks sold there are not as good as those sold in grab-and-go spots.

Cross out options that do not make sense.

Part B

Answer the following questions using the information from the article. Write your answers in the spaces provided.

1. Where can you find most bubble tea shops in Hong Kong? Name two places.

2. Find words that mean ‘for this reason’.

Adverb: (a) _____

Conjunctions: (b) _____

(c) _____

3. Which of the following corresponds to the writer’s message at the end of the article?

- A. ‘Quit drinking all kinds of sweetened drinks!’
- B. ‘You should set limits on how much bubble tea you drink a month.’
- C. ‘It is good to stick to drinks that consist of black tea and fresh milk.’
- D. ‘Consult a doctor if you need professional medical advice.’

4. Some people say that bubble tea is a type of junk food. Why do they claim so?

5. Match each of the following subheadings below to its corresponding paragraph in the article. Write the correct numbers in the spaces provided.

Subheadings	Paragraphs 1-4
The drink’s spread in Hong Kong	
The dangers of bubble tea	
The origin of bubble tea	
The trendy drink—bubble tea	

Vocabulary Bank

The following are some famous local foods. Match them with the correct pictures in the menu. One of the words is not used.

milk tea shaved ice egg tart red bean ice
 bean curd dessert egg waffle pineapple bun
 barbecued pork bun red bean pudding



1.



2.



3.



4.



5.



6.



7.



8.



Let's Discuss

1. Do you like buying food from street stalls?
2. What is your favourite Hong Kong dish?